

PERK

PLASTIC SURGERY
BEVERLY HILLS

POST-OP | *Earlobe Correction*

(310) 400-6180

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"What will I see when I look into a mirror?"

You will have stitches in your ear lobe. Those will dissolve by themselves.

"Should I put ice on my earlobe?"

No, swelling is minimal. No cold compress is necessary.

"When can I shower or take a bath?"

You can shower immediately after surgery.

"What can I do after surgery?"

You should "take it easy" the day of surgery and gradually increase your activity as you feel more comfortable. Avoid heavy exercise also during this time and gradually return to your normal routine.

"When can I drive"?

You should never drive if you are still taking any pain medication other than Tylenol.

"When will I be able to return to work?"

Depending on the type of work you do, you should be able to return to your job as soon as you are comfortable.

"How much pain will I have?"

The most discomfort that you will have lasts 2-3 days, sometimes a little longer. As you feel more comfortable, your need for medication will be less.

"What should I eat after surgery?"

A light diet is best for the day of surgery. Begin by taking liquids slowly and progress to soups or jello. You may start a regular diet, high in protein, the next day.

"What medications should I use?"

Pain medication:

Tylenol can be used if needed for pain. Alcohol and pain medication should not be taken together.

Antibiotic: You do not need an antibiotic.

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“Can I drink alcohol?”

Do not drink alcohol while taking narcotic pain medication after your surgery.

“When will I be seen in the office after surgery?”

You will normally be seen in the office within one week of your surgery.

“Should I apply anything to the incisions to help make it scar better?”

We will give you instructions on how to improve the scar appearance.

“How will I know if I am having a problem?”

I NEED TO KNOW ABOUT THESE PROBLEMS IMMEDIATELY:

These are the complications that will require a change in your post-operative care!

Hematoma (blood collecting under your incisions) can occur within a few days of surgery. The warning signs are:

- Significant swelling
- Excessive or growing bruising

Infection is rare. It is normal to have a very small amount of drainage from your incisions for one to 2 days. Signs of infection are:

- Increased temperature
- Increasing drainage from the incisions
- Increasing redness around the incisions

Leg swelling with or without associated pain may indicate a problem with the vein circulation in your leg(s). Although some swelling is to be expected due to your surgery, intravenous fluids given to you during the surgery and your decreased level of activity, this swelling is normally mild, painless and affects both legs evenly. If you have a large amount of leg swelling (either one or both legs) or if you experience pain in your legs contact the office immediately.

Breathing problems after surgery are rare but can be a serious complication. If you develop any chest and/or back pain or the feeling of being short of breath you must contact my office or be seen in the nearest emergency medical facility without delay.

Medication reactions may occur with the drugs prescribed for you. If you develop a skin rash, itching, vomiting, or diarrhea, stop taking your medication and contact my office.